

Self-Esteem

It is our lifelong privilege to learn to see ourselves with the same love and worthiness that God sees us. Choose one of the verses below that helps you look at yourself through God's eyes and enhances your self-esteem. Then take turns sharing the verse you chose and why. You might choose to memorize the verse you have chosen and recite the verse at your next meeting.

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. Psalm 139:14

"The Lord your God is with you, he is mighty to save. He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing." Zephaniah 3:17

He answered: " 'Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind'; and, 'Love your neighbor as yourself.' " Luke 10:27

How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are! The reason the world does not know us is that it did not know him. 1 John 3:1

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Colossians 3:12

But you are a chosen people, a royal priesthood, a holy nation, a people belonging to God, that you may declare the praises of him who called you out of darkness into his wonderful light. 1 Peter 2:9

So God created man in his own image, in the image of God he created him; male and female he created them. ... God saw all that he had made, and it was very good. And there was evening, and there was morning—the sixth day. Genesis 1:27,31

"As the Father has loved me, so have I loved you. Now remain in my love." John 15:9

The Lord appeared to us in the past, saying: "I have loved you with an everlasting love; I have drawn you with loving-kindness." Jeremiah 31:3

And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. Ephesians 3:17b–19