

# Self-Esteem Builders

Students know what makes them feel successful or good about themselves. Here's what they say:

- Smile when you see me.
- Call me by my name.
- Listen to me when I talk.
- Let me know that you missed me when I was absent.
- Recognize my own special talents, even if they do not show up on my report card.
- Give me a chance to succeed in at least one small way each day.
- Praise me when I do something right.
- If you do not like something that I do, help me understand that you still like me as a person.
- Show me that I have a lot of options for the future, and that I can set my own goals.
- Encourage me to aim high.

Try to reach each student with at least one of these self-esteem builders every day. They build stronger people and stronger communities.