

### THREE BODY/PERSONALITY TYPES

<u>Endomorphic</u>	<u>Mesomorphic</u>	<u>Ectomorphic</u>
dependent	dominant	detached
calm	cheerful	tense
relaxed	confident	anxious
complacent	energetic	reticent
contented	impetuous	self-conscious
sluggish	efficient	meticulous
placid	enthusiastic	reflective
leisurely	competitive	precise
cooperative	determined	thoughtful
affable	outgoing	considerate
tolerant	argumentative	shy
affected	talkative	awkward
warm	active	cool
forgiving	domineering	suspicious
sympathetic	courageous	introspective
soft-hearted	enterprising	serious
generous	adventurous	cautious
affectionate	reckless	tactful
kind	assertive	sensitive
sociable	optimistic	withdrawn
soft-tempered	hot-tempered	gentle-tempered