

The Truth Is...

Check all the gifts that you have received.

GIFT LIST

- ABILITY TO
- DANCE
 - COOK
 - SEW
 - GROW GARDEN PLANTS
 - SING
 - GROW HOUSE PLANTS
 - ORGANIZE
 - WORK JIGSAW PUZZLES
 - WORK CROSSWORD PUZZLES
 - PLAY CARDS
 - PLAY TABLE GAMES
 - DO CRAFTS
 - CREATE ARTISTICALLY
 - ACT
 - PLAY A MUSICAL INSTRUMENT
 - KEEP HOUSE
 - TELL JOKES
 - WRITE CREATIVELY
 - BE SINCERE
 - COUNSEL OTHERS
 - BE HONEST
 - TALK TO STRANGERS
 - ACCEPT PEOPLE
 - ACT WITHOUT PREJUDICE
 - FOLLOW DIRECTIONS
 - SENSE OTHER'S FEELINGS
 - SPEAK TO A GROUP
 - GET THINGS DONE
 - PRAY
 - BE GENEROUS
 - KEEP MY PROMISE
 - BE UNSELFISH
 - GIVE COMPLIMENTS
 - ACCEPT CRITICISM
 - ASK QUESTIONS
 - BE QUIET
 - LAUGH AT MYSELF
 - CONCENTRATE
 - HELP OTHERS SOLVE DISAGREEMENTS
 - FORGIVE
 - GIVE UNDERSTANDING
 - LISTEN
 - FIX THINGS
 - EXPRESS MY THOUGHTS IN WORDS
 - BE LOYAL
 - MAKE GOOD FRIENDS
 - TRUST
 - BE ON TIME
 - BE RESPONSIBLE
 - LOVE
 - SEE WELL
 - HEAR WELL
 - SPEAK LOUDLY
 - TAKE GOOD PHOTOGRAPHS
 - TAKE THINGS APART AND PUT THEM TOGETHER AGAIN
 - MAKE OTHERS FEEL GOOD ABOUT THEMSELVES
 - READ WELL
 - REMEMBER THINGS
 - LEARN FROM OTHERS' MISTAKES
 - LEARN FROM MY OWN MISTAKES
 - BE A GOOD SON/DAUGHTER
 - BE A GOOD SISTER/BROTHER
 - BE A GOOD FRIEND
 - NOT WASTE MONEY
 - ENJOY LIFE
 - DO WELL IN SCHOOL

You are important.

You are lovable.

You are good enough.

You are worthy.

You are kind and considerate.

You are loving.

You are a unique individual.

You are a good person.

You are intelligent.

You are honest and trustworthy.

You deserve to be happy, healthy and successful.

You are loved.